

# WOMEN VETERANS HEALTH CARE

*You served, you deserve  
★ the best care anywhere.*



## WOMEN HELPING WOMEN

### SUPPORT AND EDUCATION GROUP FOR WOMEN VETERANS

**PURPOSE:** To provide a safe, positive, supportive, and non-therapeutic place for women veterans to gather. Topics may include:

- Holiday blues
- Hope
- Dealing with fear
- Grief and loss
- Employment strategies
- What is perception?
- Understanding trauma

**WHEN:** Thursday Evenings  
6:00 - 7:30 p.m.  
If you have questions, please call Jeri at  
801-582-1565, Ext. 4280

**WHERE:** George E. Wahlen Department of Veterans Affairs  
Medical Center  
500 Foothill Drive  
Salt Lake City, Utah 84148  
Women's Clinic  
Building I, 1<sup>st</sup> Floor, Room 1D17 (near Radiology)

#### **FACILITATORS:**

- Leader - Jeri Lambourne, Chaplain
- Co Leader - Maxine Lindsay, Peer Support
- Assistant - Gina Painter, Women Veterans Program Manager

**LIGHT REFRESHMENTS WILL BE SERVED**

**VA SALT LAKE CITY HEALTH CARE SYSTEM**